



KAITLYN BAKER'S

Berry, Feta, Crunch Salad

SERVES: 2-3

SALAD:

5 oz (about 5 cups) mixed
spring greens or baby spinach
1/2 cup strawberries
1/2 cup blueberries
1/4 cup crumbled feta cheese
1/4 cup shelled pistachios
(roasted and unsalted preferred)
red onion, thinly sliced (optional)
1/4 avocado, sliced

DRESSING:

2 tbsp balsamic vinegar
1 tbsp olive oil
1 tsp honey or
maple syrup
1/2 tsp Dijon mustard
salt and black
pepper, to taste

1. In a large salad bowl, add the mixed greens.
2. Layer in the sliced strawberries, blueberries, red onion (if using), feta, and pistachios.
3. Add all the dressing ingredients in a small bowl or jar and blend well.
4. Drizzle the dressing over the salad just before serving and toss gently.
5. If using avocado, add it to the top of the salad and serve immediately.