

CHEF JOHN GIFALDI AND LILYANA GIFALDI'S

Pan Sheet Gnocchi with Peppers and Sausage

SERVES: 4



- 1 lb Italian sausage (mild or spicy, sliced or crumbled)
- 3 bell peppers (1 red, 1 orange, and 1 yellow), sliced
- 1 red onion, sliced
- 1 clove garlic, grated
- 2 tbsp olive oil
- 1 tsp garlic powder
- 1 tsp Italian seasoning
- 1/2 tsp crushed red pepper flakes (optional)
- salt and pepper, to taste

fresh basil or parsley, for garnish

freshly grated Parmesan (optional)

- 1. Preheat the oven to 425°F. Line a sheet pan with parchment paper or foil.
- 2. Add the gnocchi to a pot of salted boiling water and cook for 5 minutes, then drain and set aside.
- 3. Cut the Italian sausage into 2-inch slices on the bias.
- 4. In a large bowl, toss gnocchi, sausage, peppers, and onion with olive oil, garlic powder, Italian seasoning, red pepper flakes (if using), salt, and pepper.
- 5. Arrange everything in an even layer on the prepared sheet pan and roast for 20 minutes until gnocchi are golden and crispy and sausage is cooked through.
- 6. Serve hot, garnished with fresh herbs and a sprinkle of Parmesan if desired.



