



## Lavender Lemon Spritz

Recipe By KAITLYN BAKER

SERVES: 1

### INGREDIENTS:

- ice
- $\frac{3}{4}$  cup lemonade
- 2 tbsp lavender tea concentrate with honey
- sparkling water
- blueberry juice (optional)

### DIRECTIONS:

- 1. Fill a glass with ice.
- 2. Add the lemonade and lavender tea concentrate.
- 3. Add a splash of blueberry juice, if desired.
- 4. Top with sparkling water.
- 5. Stir and serve.

*The lavender tea concentrate is sweetened with honey. Blueberry juice can be added for enhanced color and flavor.*

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