



Mango Salad

Recipe By DALLAS MCCAIDE

SERVES: 4

SALAD:

- 2 ripe mangoes, peeled and diced
- 1 bell pepper, diced

- 1 cucumber, diced
- ½ red onion, thinly sliced
- ½ cup fresh basil, chopped

DRESSING:

- 3 tbsp lemon juice
- 2 tbsp honey
- 1 tbsp olive oil

- 1 tbsp fresh ginger, minced
- ¼ tsp red chili flakes
- ¼ tsp salt

DIRECTIONS:

- 1. In a large bowl, combine salad ingredients. Mix well.
- 2. In a small bowl, combine the dressing ingredients. Whisk.
- 3. Pour dressing over salad, then toss to coat.
- 4. Serve and enjoy!

DIRECTIONS:

- 1. Blend all ingredients in a food processor, until smooth.

Did you make this recipe?

Tag your picture (@inglesmarkets) and you might win a prize!