

Blueberry Peach Milkshake

WHY YOU'LL LOVE THIS BLUEBERRY PEACH MILKSHAKE

Serves: 2-4

Ingredients: 5 scoops of vanilla ice cream, 1 cup of cream line milk, 2 frozen peaches, 2 cups of frozen blueberries, whipped cream, fresh blueberries, colorful sprinkles, fresh mint.

Directions: In a blender, add 5 scoops of vanilla ice cream, approximately 1 cup of cream line milk, 2 frozen peaches, and 2 cups of frozen blueberries.

Blend the ingredients until the mixture is thick and creamy. Pour the milkshake into a glass, filling it almost to the top.

Top with whipped cream, fresh blueberries on the side, colorful sprinkles, and a small piece of fresh mint.

Abby J's Tip: The real secret to getting the texture of the milkshake exactly right is freezing your fruit before blending it. This recipe makes a fun, delicious treat for your kids during the summer, especially to celebrate Dairy Month in June!