

Roasted Vegetable Salad Recipe By KELLI SMITH and ERIN BARNETT

SERVES: 2



INGREDIENTS:			ш	4	handfuls arugula salad mix	
	1	red onion, chopped		2	tbsp. balsamic vinegar	
	1	small butternut squash, cubed		2	tbsp. each of fresh basil, cilantro, and	
	10	baby potatoes, <i>cubed</i>			parsley, finely chopped	
	2	carrots, chopped		2	pinches sea salt and black pepper,	
	2	cups (bagged) broccoli and cauliflower			divided	
		florets		1	(4 oz.) container of light feta cheese	
	2	tbsp. olive oil, divided			_	
DIRECTIONS:						
	1.	Preheat oven to 350°F.				
	2.	In a bowl, combine all chopped veggies with 1 tbsp. olive oil and half the salt and pepper.				
	3.	Place on a sheet pan and bake for 45 minutes.				
	4.	In a bowl, mix together the rest of the olive oil, salt, pepper, along with the vinegar and herbs				
	5.	Remove vegetables from the oven.				
	6. Divide the salad mix between 2 bowls, top with roasted vegetables, and drizzle the dre					
		on top. Finish off the salad with a sprinkle of feta.				

This is a tasty dish that's also healthy.

