



# THE ingles TABLE

with Lindsay Moore  
Hey Ya Salad

## Shopping List

Pancetta - 1 package

1 large onion

Red, Yellow, Orange, Green pepper mix

1 package Black Eyed Peas - Pre Cooked

Mule Sauce

Basil

## Cooking Instructions

-Cook pancetta over medium heat until crispy

-Remove pancetta from pan, but leave grease. Add onions and peppers and cook until tender.

-Add the cooked pancetta back to the pan and cook for 1-2 minutes with onion and pepper mix.

-Add 1 package of pre-cooked black eyed peas; Cook over medium heat for another 1-2 minutes

-Once cooked, add 1 tablespoon of basil and stir

-To finish add 1/2 cup of Mule Sauce



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