



Slow-Cooked Asian Beef Short Ribs

Recipe By CAROLINE TAYLOR

SERVES: 4

INGREDIENTS:

- ☐ 8 beef short ribs, cut into 4 equal servings
- ☐ ½ cup soy sauce
- ☐ 1 (10 oz.) bottle teriyaki sauce
- ☐ 4 large garlic cloves, minced
- ☐ 1 (14.5 oz.) can tart cherries
- ☐ ¼ cup rice wine vinegar
- ☐ ½ cup honey
- ☐ 4 cups mashed potatoes (*Ingles Deli*)

DIRECTIONS:

- ☐ 1. Combine all of the ingredients together, except mashed potatoes, in a crock pot. Simmer on low for 6 hours, until meat is tender and easily pulls apart. Serve on a bed of mashed potatoes and top with cooking liquid.

These are fall-off-the-bone delicious!

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