



THE ingles TABLE

Chef Jasmin Queen

Avocado Pudding

Ingredients

2 ripe medium avocados,
peeled and chopped
1/3 cup cocoa powder
1/3 cup honey
½ cup almond milk
2 teaspoons vanilla extract
Whipped cream



Directions

Blend all ingredients, until smooth and creamy, in a blender, food processor or using a hand-held mixer. Top with Whipped Cream and serve immediately.